



## **SEDATION PROTOCOL**

### **Pre-sedation**

- No alcohol for at least 12 hours post-surgery
- Please do not smoke (weed or eat edible) Or drink coffee before appointment
- Please have a very light breakfast (banana, 1 piece of toast, or an apple)
- Come in comfortable clothes (sweats, t-shirt, slippers, sweater)
- Bring headphones

### **Post-sedation**

- No alcohol for at least 12 hours post-surgery
- No driving for 12 hours post-surgery
- Must have a responsible companion escort patient home and observe recovery for at least 4 hours